

# CROYDON MASJID & ISLAMIC CENTRE

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Email: enquiries@croydonmosque.com www.croydonmosque.com

## SALAH TIMES

### JUMADA UL AWAAL / JUMADA-AL-AKIRAH 1437AH MARCH 2016

Day	Date	JUMADA-1/ JUMADA-2	FAJR			ZOHR		ASR		MAGRIB*	ISHA	
			End of Sehri	Jamat	Sunrise	Begins	Jamat	Begins	Jamat	Begins	Begins	Jamat
TUE	1	21	4:54	6:00	6:44	12:17	1:00	3:49	4:30	5:45	7:33	8:00
WED	2	22	4:52	6:00	6:42	12:17	1:00	3:51	4:30	5:47	7:34	8:00
THU	3	23	4:50	6:00	6:39	12:16	1:00	3:52	4:30	5:48	7:36	8:00
FRI	4	24	4:48	5:45	6:37	12:16	1:00	3:54	4:45	5:50	7:38	8:00
SAT	5	25	4:45	5:45	6:35	12:16	1:00	3:55	4:45	5:52	7:40	8:00
SUN	6	26	4:43	5:45	6:33	12:16	1:00	3:57	4:45	5:54	7:42	8:00
MON	7	27	4:41	5:45	6:31	12:15	1:00	3:58	4:45	5:55	7:42	8:00
TUE	8	28	4:39	5:45	6:28	12:15	1:00	4:00	4:45	5:57	7:43	8:00
WED	9	29	4:36	5:45	6:26	12:15	1:00	4:01	4:45	5:59	7:44	8:00
THU	10	30	4:34	5:45	6:24	12:15	1:00	4:03	4:45	6:01	7:45	8:00
FRI	11	1	4:32	5:30	6:22	12:14	1:00	4:04	5:00	6:02	7:46	8:15
SAT	12	2	4:29	5:30	6:19	12:14	1:00	4:06	5:00	6:04	7:47	8:15
SUN	13	3	4:27	5:30	6:17	12:14	1:00	4:07	5:00	6:06	7:48	8:15
MON	14	4	4:24	5:30	6:15	12:14	1:00	4:09	5:00	6:07	7:50	8:15
TUE	15	5	4:22	5:30	6:13	12:13	1:00	4:10	5:00	6:07	7:51	8:15
WED	16	6	4:19	5:30	6:10	12:13	1:00	4:11	5:00	6:11	7:52	8:15
THU	17	7	4:17	5:30	6:08	12:13	1:00	4:13	5:00	6:12	7:53	8:15
FRI	18	8	4:14	5:15	6:06	12:13	1:00	4:14	5:00	6:14	7:54	8:15
SAT	19	9	4:12	5:15	6:04	12:12	1:00	4:15	5:00	6:16	7:55	8:15
SUN	20	10	4:09	5:15	6:01	12:12	1:00	4:17	5:00	6:18	7:56	8:15
MON	21	11	4:07	5:15	5:59	12:12	1:00	4:18	5:00	6:19	7:58	8:15
TUE	22	12	4:04	5:15	5:57	12:11	1:00	4:19	5:00	6:21	7:59	8:15
WED	23	13	4:01	5:15	5:55	12:11	1:00	4:21	5:00	6:23	8:00	8:15
THU	24	14	3:59	5:15	5:52	12:11	1:00	4:22	5:00	6:24	8:01	8:15
FRI	25	15	3:56	5:15	5:50	12:10	1:00	4:23	5:00	6:26	8:02	8:15
SAT	26	16	3:53	5:15	5:48	12:10	1:00	4:25	5:00	6:28	8:03	8:15
BRITISH SUMMER TIME STARTS												
SUN	27	17	4:51	6:00	6:45	1:10	1:30	5:26	6:15	7:29	9:04	9:30
MON	28	18	4:48	6:00	6:43	1:10	1:30	5:27	6:15	7:31	9:05	9:30
TUE	29	19	4:45	6:00	6:41	1:09	1:30	5:28	6:15	7:33	9:06	9:30
WED	30	20	4:42	6:00	6:39	1:09	1:30	5:30	6:15	7:34	9:07	9:30
THU	31	21	4:40	6:00	6:36	1:09	1:30	5:31	6:15	7:36	9:08	9:30

Sunset is three minutes before Magrib Zawal is ten minutes before the beginning of Zohr.

\* **Salatul Jumah: 1st – Prayer 12:25 pm 2nd – Prayer 1:30pm**

## Aloe Vera has the following health benefits

- Has a wonderfully beneficial action on bowel function
- Helps the bowel to absorb nutrients more efficiently, especially protein
- Helps to balance the gut bacteria and yeasts
- Helps the skin remain healthy
- Helps defend us against attacks by various viruses
- Has an anti-inflammatory and pain killing effect
- It is a useful source of vitamins

If you would like to know more about how Aloe Vera could help you lead a healthier life please contact Nazir for confidential and free advice:

nazirahmedhaji@aol.com 07866 728 766

PLEASE TAKE A LITTLE TIME TO READ THE ISLAMIC ARTICLE OVERLEAF

## HAROON KHAN – SOLICITOR

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