



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

مفتي محمد يوسف دنكا
Mufti Muhammad Yusuf Danka

الحمد لله حمد الشاكرين، والصلاة والسلام على المبعوث رحمة للعالمين، وهادياً للناس أجمعين. صلاةً وسلاماً دائمين إلى يوم الدين، وآله وصحبه ومن تبعهم بإحسان، وسلم تسليماً كثيراً، أما بعد:

Ask for Wellbeing, Solace and Contentment from Allah

﴿رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ﴾

Allah ﷻ says in the Quran: 'And there are those of them who say: Our Lord! Give us in this world that which is good and in the Hereafter that which is good and save us from the torment of the Fire.' (s2:v201)

Allah ﷻ has mentioned in the Qur'an and RasulAllah ﷺ through his Ahadith the apparent and hidden benefits related to this life and the Hereafter. It is for this reason that the supplications of the Prophets of Allah would seek the means of attaining that which was required in this World, as a means to attain the blessings and Wellbeing in the hereafter. This is found within the Sunnah of the Prophet ﷺ:

” اللهم اني اسالك العفو والعافية والمعافاة الدائمة في الدنيا والآخرة “

'O Allah, I seek from You, Forgiveness, Pardon and Wellbeing and Contentment, forever in this World (Dunya) and in the Hereafter (Aakhirah).'

Sayidina Abu Bakr Siddique ؓ stated in a gathering of the Sahaba, one year after the passing of the prophet ﷺ: 'last year the prophet ﷺ was amongst us and he ﷺ have us this advice with great emphasis... Then Abu Bakr Siddique ؓ began to cry immensely and thereafter stated: 'Rasulallah ﷺ said: you people should seek forgiveness for your sins and seek contentment in your affairs because after Imaan and Yaqin, the greatest blessing is Afiyat (contentment in your affairs). (Musnad Ahmad/ Jame Tirmidhi)

Sayidina Anas ؓ narrated: 'An individual came into the company of RasulAllah ﷺ and asked: 'O Prophet of Allah! Which supplication is the best for me?' RasulAllah ﷺ stated: 'Seek the blessings and contentment of this world and the next from your Lord.' The same individual returned the following day and said; 'O Prophet of Allah! Which supplication is the best for me?' RasulAllah ﷺ stated again: 'Seek the blessings and contentment of this world and the next from your Lord.' He returned for a third day and asked the same question. RasulAllah ﷺ responded: 'Be a seeker of the blessings and contentment in this world and the next, because the one who attains this, he has achieved his objective.' (Jame Tirmidhi/ Ibn majah/ Mishkaat Masabih p219)

RasulAllah ﷺ didn't only teach his Ummah the rulings of the Shariah (Halal and Haram), but further to this, he ﷺ would show them the manners and means by which to attain success in this world and the next. Verily, blessings and contentment in matters of life are a great blessing from Allah ﷻ.

Why is the supplication for blessings the greatest?

RasulAllah ﷺ stated that the supplication for blessings and contentment in this life and next is the greatest of Du'a a person can make. This is an all-encompassing Du'a for attaining all goodness and safeguarding oneself from every evil. There are 3 types of benefits to be had for a person in both this world and the next; Wellbeing Blessings and Contentment of this world:

1. Physical: a person remains healthy, being safeguarded from illness in all manners of physical and mental capacities. The person, who is tested in respect of his health, cannot attain complete peace or satisfaction in his life during illness.
2. Wealth: a person can attain contentment when his income is sufficient, he has no debts nor does he face any struggle or challenges in respect of his work and due to his means, he continues to attain a lawful income with his honor preserved. He is not in need of other people, this is a great blessing from Allah ﷻ as much as a person would be grateful for this, it would not be sufficient. The person who is restricted in his income, he cannot attain complete peace in his worldly life, where his basic needs and necessities are difficult to fulfill.

3. Family: a person may be blessed with good health and wealth, even so, if he does not see comfort and happiness in his household, the other blessings he has will not bring him peace and contentment. If his children are disobedient and his wife is rude and complacent, he feels distressed and anxious. When pious children, love and respect their parents, they become a means of coolness for their parent's eyes. The environment of the household becomes a similitude to paradise on earth, attaining blessings and contentment in this world and the next.

Blessings Wellbeing and Contentment of the hereafter:

1. Blessings on the plain of Gathering (Hashr): A person can be safeguarded from the trials and tribulations of the plain of Hashr, a person would not be tormented by the heat of the sun or the trembling of the hearts but would be attaining the benefit of blessing and peace in the shade of the throne of Allah ﷻ, which Allah ﷻ has mentioned as a reward for his chosen pious servants in the hereafter.

No doubt! Verily, the Auliya' of Allah [i.e. those who believe in the Oneness of Allah and fear Allah much (abstain from all kinds of sins and evil deeds which he has forbidden), and love Allah much (perform all kinds of good deeds which He has ordained)], no fear shall come upon them nor shall they grieve. (s10,v62)

This is the most elevated and important status as on that Day there will be no shade except the shade of Allah's throne.

2. Blessings at the time of questioning: A person's good deeds will be weighed heavier than his bad deeds due to which they are presented their book of deeds in the right hand. These people will achieve success, peace and contentment for eternity thereafter and will not experience any concern or distress thereafter, to which Allah ﷻ has indicated in the Quran: 'Then as for him whose balance of good deeds will be heavy, he will have a pleasant life in Paradise.' (s102,v6-7)
3. Blessings in crossing the bridge of Sirat: A person will be blessed to cross the bridge of Sirat, below which the hellfire will be burning, in a speedy manner without any difficulty and be blessed with entry into Paradise thereafter. The only people that will be blessed with such a favor from Allah ﷻ will be those who are pious and upright, for whom Allah would have ordained His Forgiveness and Mercy.

RasulAllah ﷺ taught his Ummah a unique Du'a by the means of which a person would be able to attain complete blessings in this world and the next. In this supplication all the goodness a person could need or desire are encompassed. Therefore, every Muslim; man and woman, should make it a habit to read this morning and evening. This is found within the Sunnah of the Prophet ﷺ:

'O Allah, I seek from You, Forgiveness, Pardon and Wellbeing and Contentment, forever in this World (Dunya) and in the Hereafter (Aakhirah).' آمين Ameen!

والله وحده هو المسؤول والمستعان وهو الهادي إلى سبل الخير والسلام .

مفتى محمد يوسف دُنْكَا (عفا الله عنه)

Mufti Muhammad Yusuf bin Yaqoob Danka
Croydon Masjid & Islamic Centre

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